



You have been prescribed a heart monitor study by your physician. This Quick Start Guide will assist you in monitor placement and connection. For complete risk information and detailed instructions refer to the enclosed Patient Instruction Manual.



◀ SCAN THE QR
CODE TO WATCH
INSTRUCTIONAL
VIDEO

If you need additional
assistance setting up
your study call
888.500.3522

Equipment

Your box will contain one of the following options as prescribed by your doctor.

BodyGuardian™ Strip



BodyGuardian™ Bridge



ECG lead set

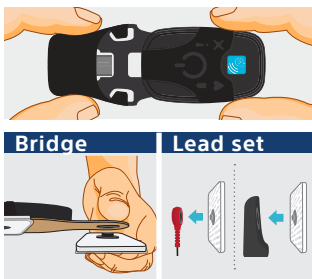


Prepare Your Skin

- Remove any hair where you will place the monitor. Clean chest with provided saline wipe (Strip only) or soap and water. Dry area completely.

Connect Monitor to Strip, Bridge or Lead Set

- Slide the monitor into the black molding until the micro-USB connector is completely inserted.
- Bridge ONLY:** Firmly attach electrodes to the Bridge until they snap into place.
- Lead set ONLY:** Firmly attach electrodes to each of the leads and the center connector.



Adhere Monitor to Chest

Strip

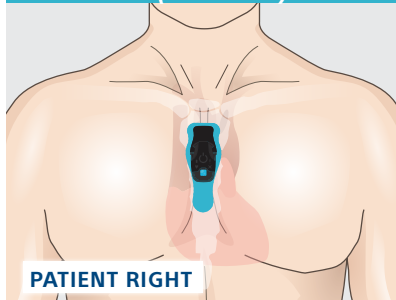


Bridge



- Place the monitor flat on your chest in one of the two placement options shown below.

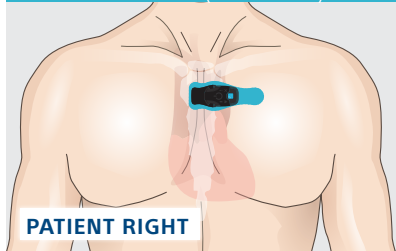
VERTICAL (Preferred)



PATIENT RIGHT

Place the top of the Strip or Bridge at the base of the neck at the intersection of the collarbone.

HORIZONTAL (Alternate)



PATIENT RIGHT

Place the right side of the Strip or Bridge near the center of the chest over the sternum.

- Ensure one of the arrows is pointing up.
- Peel adhesive backing away and press around the surface to ensure the adhesives adheres to the skin.

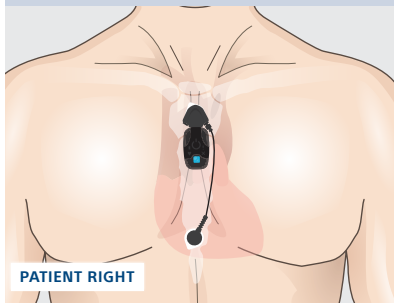


Lead set

- Remove adhesive backings from each electrode.
- Attach each electrode to the locations shown below for the type of lead set you were prescribed.
- If you receive a 4-wire lead set, please refer to the enclosed Patient Instruction Manual.

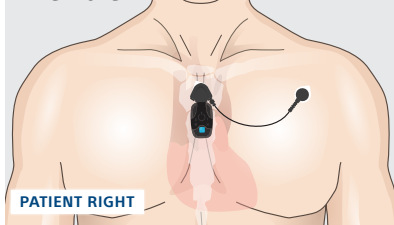
1-WIRE LEAD SET

Preferred



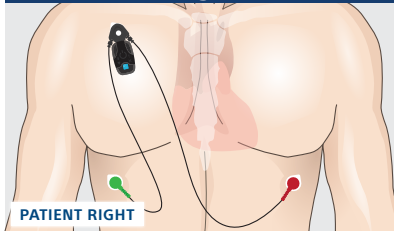
PATIENT RIGHT

Alternate



PATIENT RIGHT

2-WIRE LEAD SET

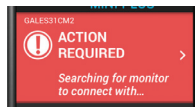


PATIENT RIGHT

Power on Phone and Monitor

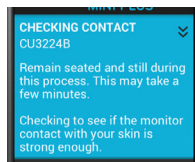
Phone:

1. Remove phone from protective case.
2. Press and hold the power key on the side or back of the phone.
3. ACTION REQUIRED screen will appear.



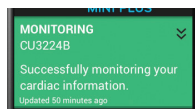
Monitor:

4. Press and release the center button.
5. Stay next to the phone and remain still.



Phone:

6. Monitor will chime as it connects to the phone and detects skin contact.
7. Select monitor placement you will be using, vertical or horizontal.
8. Once the connection is successful, the MONITORING screen will be displayed.



Recording Symptoms

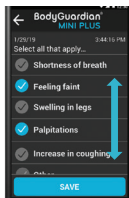
Monitor:

1. Press and release the center button quickly to hear a faint beep.



Phone:

2. Hold still for 60 seconds, then select up to three symptoms showing on the phone.
3. Tap SAVE.











Monitor Alerts

If you see a red blinking light or hear beeps, refer to the Patient Instruction Manual.

Our team is available to support you 24/7 at [888.500.3522](tel:888.500.3522) or email monitortroubleshooting@preventice.com.

Quick Tips

-  Only use the charger provided in your kit. Use of personal or third party charger may result in damage to the device.
-  You can swim, shower or bathe while wearing the monitor. The monitor is waterproof and can safely be submerged in water as deep as three feet.
-  Do not abrade the skin. Do not apply lotions, oils, or perfumes. Do not use alcohol wipes while cleaning your skin.
-  Apply only to intact, clean skin. Do not apply over open wounds, lesions, infected, or inflamed areas. If you have skin allergies, hypersensitivities, or experience skin irritation while wearing the monitor, consult your doctor.
-  Change the adhesive when it no longer adheres to the skin. Remove when showering to eliminate the possibility of skin irritation or skin damage. **DO NOT remove the monitor from the USB connector while in the shower, remove before or after.**
-  The BodyGuardian™ MINI PLUS is safe to wear while traveling on an aircraft.
-  Remove both the monitor and the Strip (or ECG lead set and electrodes) while undergoing an MRI.
-  Follow the instructions in the Patient Instruction Manual to properly turn off the device before returning the equipment.

You are encouraged to read the Patient Instruction Manual inside the device box to assist in successfully completing your study.